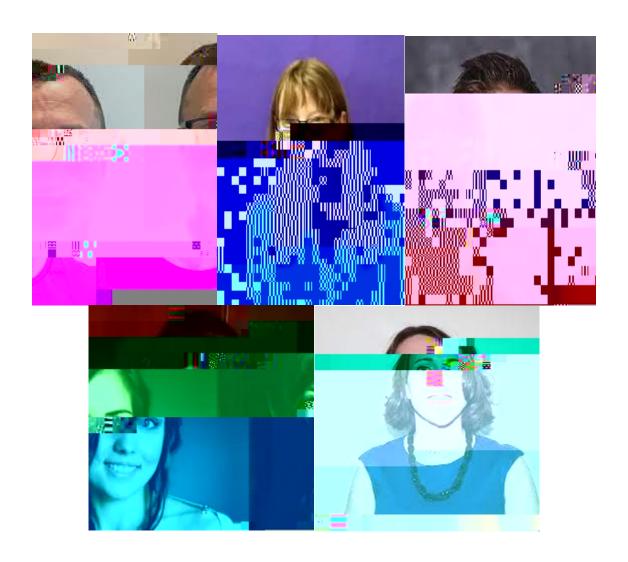


Conference Theme: Cognitive-Behavioural applications and interventions in Clinical, Health, Social, Occupational, and Educational Psychology

- 11.00 11.15 Dr. Whitney Scott (Kings College London) Recent advances in the application of the psychological flexibility model to persistent pain
- 11.20 11.35 Dr. Jessica Kingston (Royal Holloway London) Online ACT intervention 4 (ar) \$80 ptenesses: 22 24 24 25 ptenesses 24 24 25 ptenesses 24 25 ptenes



- 1.15 1.30 Dr. Duncan Gillard (Bristol) & Dr. Corinna Grindle (University of Warwick), & Dr. Nic Hooper (Cardiff University) Getting psychological flexibility into the water supply: The Connect Children's Wellbeing Curriculum.
- 10) 1.35 1.50 Dr. Arianna Prudenzi (University of Birmingham) Workplace ACT for distress and burnout and MENTOR intervention/programme for employees with clinical mental health conditions at work.
- 11) 1.55 2.10 Dr. Sarah Cassidy (Maynooth University Ireland) Magpies: An ACT-based intervention for wellbeing in children and families.



- 12) 2.15 2.30 Dr. David Dawson & Dr. Nima Golijani-Moghaddam (University of Lincoln) SMART for People with Multiple Sclerosis (MS): Early data from a Prefeasibility Formative Evaluation.
- 13) 2.35 2.50 Dr. Richard May (University of South Wales) Derived stimulus relations and Placebo Effects
- 14) 2.55 3.10 Dr. Freddy Jackson Brown (Bristol) Relational Frame Theory and Artificial Intelligence

Break 3.10 3.25



- 15) 3.25 4.00 Clinical Case Studies led by Dr. Andrew Merwood (University of Southampton & Queen Alexandra Hospital, Portsmouth)
- 16) 4.05 4.20 Dr. Marc Bennett (University of Cambridge) Decentering and Cognitive Defusion for anxiety
- 17) 4.25 4.40 Dr. Nima Golijani-Moghaddam & Dr. David Dawson (University of Lincoln) Longitudinal study of Psychological Flexibility over the Pandemic: Preliminary data.
- 18) 4.45 5.00 Dr. Ian Tyndall Closing paper 'Process: A conceptual and behavioural analysis of Cognitive Defusion in